

HOMETOWN HEROES WORKSHEET

Ian Forber-Pratt | Part I

How did being adopted affect Ian's life?

How did Ian's family dynamics shape his life?

What traumatic experience served as a catalyst for Ian's drinking problems?

What helped him stop drinking?

**What is a time you have felt different or separated from your environment?
How did you handle it?**

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Ian Forber-Pratt | Part II

What was Ian's first time in India like?

What got Ian into doing social work?

What risk did Ian take before he went to get his master's degree?

What are the pillars of Ian's life? Why are they so important to him?

**What would you want the two pillars of your life to be?
Why are they so important to you?**

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Ian Forber-Pratt | Part III

What did Mariana (Ian's student) say was the most important impact he had on her life?

What does Ian hear a lot from other people as a stumbling block to serving others?

When and why Ian get into activity, and running specifically?

What how does Ian integrate biking into his daily routine?

What activities do you think would be fun to incorporate into your daily routine?

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Ian Forber-Pratt | Part IV

What was the biggest draw to music for Ian?

Draw an “ah ha” moment of your own, where you felt connected or happy the way Ian describes.

What is the defining quality of Generation Alpha (the generation after Generation Z)?

What is the importance of structure?

What is the foster care system and what did Ian do as a part of it?

How did Ian apply his experience in social work in India?

How did Ian get into the legal aspect of the India foster care system?

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Ian Forber-Pratt | Part V

What did Ian realize was wrong with the foster care system?

What traumatic change happened after Ian got married?

What alternative does Ian propose for orphanages?

What values does Ian hope people see in him?

What values you want people to see when they talk to you?